

Session Information

Client:	Giffen, Todd (885246) 3/13/1985
Staff:	Haun, Cheryl (15)
Document Date:	8/22/2013
Client Program:	(Not Set)

Service Plan - MH Entry

Primary Clinician:	Haun, Cheryl (15)
Plan Type:	Review
Initial or Review:	<input type="radio"/> Initial <input checked="" type="radio"/> Review
Begin Date:	08/22/2013
End Date:	11/14/2013

Problem

Type:	ISSP
Problem Narrative:	Trauma
Sub-Problem:	N/A
Refer to External Services?	
External Referral Comments:	

Goal(s) for Trauma

Goal Narrative:	Decrease his depression, isolation and physical pain.
Status:	Ongoing
Completed Date:	

Measurable Outcome(s) for Decrease his depression, isolation and physical pain.

Start Date:	08/22/2013
Measurable Outcome Narrative:	Increase self esteem from 6 SUDS (10 being the highest) to 9 SUDS.
Frequency:	Weekly
Status:	Ongoing
Provider:	Haun, Cheryl (15)
Target Date:	

Action Step Seek to get "whole body vibration" treatment.

Start Date	Activities	Frequency	Status	Provider	Target Date
8/22/2013					

Action Step Socialize face to face with a friend 2 x mo.

Start Date	Activities	Frequency	Status	Provider	Target Date
8/22/2013					

Goal(s) for Trauma

Goal Narrative:	Reduce the negative impact that the traumatic event has had on many aspects of life.
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Status: |
Completed Date: |

Measurable Outcome(s) for Reduce the negative impact that the traumatic event has had on many aspects of life.

Start Date: |
Measurable Outcome Narrative: Decrease intrusive, distressing thoughts or images that recall the traumatic event from much of the day daily to 3 times per week.
Frequency: |
Status: |
Provider: |
Target Date: |

Action Step Find a professional to perform an independent diagnosis and assessment for meds or not etc.

Start Date	Activities	Frequency	Status	Provider	Target Date
8/22/2013	Individual Session (Indiv)	Weekly	Ongoing	Haun, Cheryl (15)	(Not Set)
	Family therapy WITH client (F w-ct)	As Needed	Ongoing	Haun, Cheryl (15)	(Not Set)

Action Step Learn about the symptomology and impact of PTSD from his childhood trauma as well as his more recent exposure to abuse.

Start Date	Activities	Frequency	Status	Provider	Target Date
8/22/2013					

Action Step Participate in EMDR sessions.

Start Date	Activities	Frequency	Status	Provider	Target Date
8/22/2013					

Action Step Prove in court that he has been injured in order to get medical threatment, which includes assessments by professionals.

Start Date	Activities	Frequency	Status	Provider	Target Date
8/22/2013					

Action Step Seek nuero feedback treatment sesssions to assess any brain injury

Start Date	Activities	Frequency	Status	Provider	Target Date
8/22/2013					

Action Step Implement relapse prevention strategies for managing possible future trauma-related symptoms.

Start Date	Activities	Frequency	Status	Provider	Target Date
(Not Set)	Individual Session (Indiv)	Weekly			(Not Set)

Participants / Activities Continued

The projected schedule for services and supports delivery outlined above is an estimate and may be adjusted as clinically appropriate. Crisis, Case Management and Consultation services will be included in service delivery, and some services will be provided by telephone, as needed. The Begin and End Dates of the Individual Services and Supports Plan (ISSP) represent the duration of all activities/services listed. If mental health services are provided beyond one year, an assessment update will be completed and the ISSP will be reviewed by a Licensed Medical Practitioner.

The following
individuals were
involved in creating this
ISSP:

Todd Giffin and Cheryl Haun

Signatures

Signature #1: | Cheryl Haun (MA) - 8/22/2013 5:37 PM

Signature History

Action	Date	Staff
Document Signed	8/22/2013	Cheryl Haun (MA)

Session Information

Client:	Giffen, Todd (885246) 3/13/1985
Staff:	Haun, Cheryl (15)
Service Date/Time:	8/15/2013 5:00 PM - 6:15 PM
Client Program:	MH Adult Outpatient (ADULT)
Activity:	Individual Session (Indiv)
Organization:	CFD North
Service Location:	11 - Office

Goal(s) Addressed**Service Plan - MH**

Problem	Trauma
<input checked="" type="checkbox"/> Goal	Reduce the negative impact that the traumatic event has had on many aspects of life.
<input checked="" type="checkbox"/> Objective	Decrease intrusive, distressing thoughts or images that recall the traumatic event from much of the day daily to 3 times per week.

Goal(s) Addressed: | 1

Notes**Progress made toward goals:****Identify those present, interventions, and significant events/changes in individual's life:**

1) No change

(Mental status, recovery status, and response to specific services and supports)
Individual present for the first session. Todd divulged some details about his neglectful upbringing and how it inadvertently led to misdemeanor charges wherein his attorney mishandled his defense. This event grew out of bounds and he was sent to the Salem hospital for the mentally ill. He elaborated on the various instances of abuse and being a target for the organization due to his knowledge and complaint of his own and other abuses with in the organization by staff members. His goal, he states is to get the physical and mental health he needs in order to repair the damages done. This therapist practiced active listening.

Signatures

Signature #1: | Cheryl Haun (MA) - 8/16/2013 8:30 AM

Signature History

Action	Date	Staff
Document Signed	8/16/2013	Cheryl Haun (MA)

Session Information

Client:	Giffen, Todd (885246) 3/13/1985
Staff:	Haun, Cheryl (15)
Service Date/Time:	8/22/2013 5:00 PM - 6:20 PM
Client Program:	MH Adult Outpatient (ADULT)
Activity:	Individual Session (Indiv)
Organization:	CFD North
Service Location:	11 - Office

Goal(s) Addressed**Service Plan - MH**

Problem	Trauma
<input checked="" type="checkbox"/> Goal	Decrease his depression, isolation and physical pain.
<input checked="" type="checkbox"/> Objective	Increase self esteem from 6 SUDS (10 being the highest) to 9 SUDS.
<input checked="" type="checkbox"/> Goal	Reduce the negative impact that the traumatic event has had on many aspects of life.
<input checked="" type="checkbox"/> Objective	Decrease intrusive, distressing thoughts or images that recall the traumatic event from much of the day daily to 3 times per week.

Goal(s) Addressed: | 1-2

Notes

Progress made toward goals:	1) No change 2) This goal added today
Identify those present, interventions, and significant events/changes in individual's life:	(Mental status, recovery status, and response to specific services and supports) Individual present. Discd referrals. Added a service goal. Todd shared a report he received from Cathy Meadows, a clinical psychologist who specializes in advocating/consulting for victims of whistle-blower retaliation, harrassment or surveillance. He then continued with his story about his time in the state hospital. We will continue next session. This therapist will speak with Tracey Wise re nuero feedback for Todd.

Signatures

Signature #1: | Cheryl Haun (MA) - 8/22/2013 6:31 PM

Signature History

Action	Date	Staff
Document Signed	8/22/2013	Cheryl Haun (MA)

Session Information

Client:	Giffen, Todd (885246) 3/13/1985
Staff:	Haun, Cheryl (15)
Service Date/Time:	8/29/2013 2:15 PM - 3:00 PM
Client Program:	MH Adult Outpatient (ADULT)
Activity:	Individual Session (Indiv)
Organization:	CFD North
Service Location:	11 - Office

Goal(s) Addressed**No Goal(s) addressed were chosen**

Goal(s) Addressed: 1-2

Notes

Progress made toward goals: 1) Contacted his friend
2) Is starting the petition for the supreme court and he has approval for nuero feedback with Tracy Wise at CFD.

Identify those present, interventions, and significant events/changes in individual's life: (Mental status, recovery status, and response to specific services and supports)
Individual present. Affirmed his progress on goals. He continued with his "story" from 2008 to 2010. It is his belief that he is still being targeted, the purpose being to intimidate him. This therapist agreed to check with CFD prescribers to see if they would do an independent evaluation of his mental status. He reiterates that he wants to establish credibility so that he can get the healing treatments he needs. Before leaving he showed this therapist papers verifying the government patents on the equipment he spoke about with the microwave electromagnetic capability etc. He states he is putting it on his website.

Signatures

Signature #1: Cheryl Haun (MA) - 8/29/2013 5:12 PM

Signature History

Action	Date	Staff
Document Signed	8/29/2013	Cheryl Haun (MA)

Session Information

Client:	Giffen, Todd (885246) 3/13/1985
Staff:	Wise, Tracy (44)
Service Date/Time:	9/3/2013 3:02 PM - 3:56 PM
Client Program:	MH Adult Outpatient (ADULT)
Activity:	Individual Session (Indiv)
Organization:	CFD North
Service Location:	11 - Office

Goal(s) Addressed**Service Plan - MH**

Problem	Trauma
<input type="checkbox"/> Goal	Decrease his depression, isolation and physical pain.
<input type="checkbox"/> Objective	Increase self esteem from 6 SUDS (10 being the highest) to 9 SUDS.
<input checked="" type="checkbox"/> Goal	Reduce the negative impact that the traumatic event has had on many aspects of life.
<input checked="" type="checkbox"/> Objective	Decrease intrusive, distressing thoughts or images that recall the traumatic event from much of the day daily to 3 times per week.

Goal(s) Addressed: as noted above

Notes

Progress made toward goals:	Toddf reports that he is "excited" to try biofeedback in helping him improve some cognitive functions.
Identify those present, interventions, and significant events/changes in individual's life:	(Mental status, recovery status, and response to specific services and supports) This writer met in private session with Todd at the CFD office. He presented as "excited," stating that he had read about biofeedback and thought that it may be helpful for him. This writer engaged Todd in psychoeducation around brain injuries, PTSD, neurological functioning, and how the biofeedback works, answering his questions, and getting "Consent to Treat" forms signed.

Signatures

Signature #1: Tracy Wise (LPC, MA) - 9/12/2013 4:37 PM

Signature History

Action	Date	Staff
Document Signed	9/12/2013	Tracy Wise (LPC, MA)

Session Information

Client:	Giffen, Todd (885246) 3/13/1985
Staff:	Wise, Tracy (44)
Service Date/Time:	9/10/2013 3:07 PM - 3:55 PM
Client Program:	MH Adult Outpatient (ADULT)
Activity:	Individual Session (Indiv)
Organization:	CFD North
Service Location:	11 - Office

Goal(s) Addressed**Service Plan - MH**

Problem	Trauma
<input type="checkbox"/> Goal	Decrease his depression, isolation and physical pain.
<input type="checkbox"/> Objective	Increase self esteem from 6 SUDS (10 being the highest) to 9 SUDS.
<input checked="" type="checkbox"/> Goal	Reduce the negative impact that the traumatic event has had on many aspects of life.
<input checked="" type="checkbox"/> Objective	Decrease intrusive, distressing thoughts or images that recall the traumatic event from much of the day daily to 3 times per week.

Goal(s) Addressed: Reduce negative impacts of traumatic events on current functioning

Notes

Progress made toward goals:	Todd reports that he appreciates getting his EEG measured, as it is "more factual information" for his case.
Identify those present, interventions, and significant events/changes in individual's life:	(Mental status, recovery status, and response to specific services and supports) This writer met in private session with Todd at the CFD office. He presented as "doing OK today," stating that he was not in too much pain today, and looking forward to having his EEG measured. This writer engaged Todd in a discussion around the meaning for him of his EEG being measured, and wanting to prove that he was abused at the OR state mental hospital. This writer explained the purpose of the EEG for counseling purposes was as an assessment tool to engage in and direct the progress of Biofeedback training for him. He stated that he understood, and the remainder of the session was spent doing biofeedback training to enhance cognitive functioning.

Signatures

Signature #1: Tracy Wise (LPC, MA) - 9/15/2013 5:48 PM

Signature History

Action	Date	Staff
Document Signed	9/15/2013	Tracy Wise (LPC, MA)

Session Information

Client:	Giffen, Todd (885246) 3/13/1985
Staff:	Haun, Cheryl (15)
Service Date/Time:	9/12/2013 3:02 PM - 4:00 PM
Client Program:	MH Adult Outpatient (ADULT)
Activity:	Individual Session (Indiv)
Organization:	CFD North
Service Location:	11 - Office

Goal(s) Addressed**Service Plan - MH**

Problem	Trauma
<input checked="" type="checkbox"/> Goal	Decrease his depression, isolation and physical pain.
<input checked="" type="checkbox"/> Objective	Increase self esteem from 6 SUDS (10 being the highest) to 9 SUDS.
<input checked="" type="checkbox"/> Goal	Reduce the negative impact that the traumatic event has had on many aspects of life.
<input checked="" type="checkbox"/> Objective	Decrease intrusive, distressing thoughts or images that recall the traumatic event from much of the day daily to 3 times per week.

Goal(s) Addressed: 1-2

Notes**Progress made toward goals:**

- 1) Same--has completed a couple of his action steps
- 2) Same

Identify those present, interventions, and significant events/changes in individual's life:

(Mental status, recovery status, and response to specific services and supports)

Individual present. He states he will be seeing a neurologist next month in Portland. This therapist sourced the "whole body vibration" he was looking for. Socially, he plans to visit with family this week. He skyped a new friend. Today Todd disclosed his history growing up, which consisted of multiple moves and being unwanted and moved around to family member's homes and not being supported financially by his parents. He shared about numerous occasions of physical abuse in each of the homes and the family's attempts to cover it up. He feels as if they tried to hide him away. The lack of financial support seemed to cause family members to resent raising him. He reports that he did well in school until the sixth grade when his father gave him to his aunt and uncle. This is also when he stopped taking his ADHD meds and his anxiety began to increase, until around age 12-13 while living with his grandparents, he was too anxious to go to school. Evidently this irritated his grandparents who seemed to give up on him and withdraw what little support they were giving him. He shares that he mostly stayed in his room with his computer. He states during his life he was constantly refused medical care or clothing etc. The culminating event was when he was 18-19 when he allegedly held a knife and made a threatening remark to his grandmother and pushed her chair. This is when his contact with the legal system and the state hospital began. Now he states that he just wants the medical help to heal his body and his mind. Practiced active and reflective listening.

Signatures

Signature #1: Cheryl Haun (MA) - 9/12/2013 5:13 PM

Signature History

Action	Date	Staff
Document Signed	9/12/2013	Cheryl Haun (MA)

Session Information

Client:	Giffen, Todd (885246) 3/13/1985
Staff:	Wise, Tracy (44)
Service Date/Time:	9/17/2013 3:03 PM - 3:57 PM
Client Program:	MH Adult Outpatient (ADULT)
Activity:	Individual Session (Indiv)
Organization:	CFD North
Service Location:	11 - Office

Goal(s) Addressed**Service Plan - MH**

	Problem	Trauma
<input type="checkbox"/>	Goal	Decrease his depression, isolation and physical pain.
<input type="checkbox"/>	Objective	Increase self esteem from 6 SUDS (10 being the highest) to 9 SUDS.
<input checked="" type="checkbox"/>	Goal	Reduce the negative impact that the traumatic event has had on many aspects of life.
<input type="checkbox"/>	Objective	Decrease intrusive, distressing thoughts or images that recall the traumatic event from much of the day daily to 3 times per week.

Goal(s) Addressed: Reduce negative impacts of trauma**Notes****Progress made toward goals:**

Todd reports that he is feeling better about his ability to "get his life back together."

Identify those present, interventions, and significant events/changes in individual's life:

(Mental status, recovery status, and response to specific services and supports)

This writer met in private session with Todd at the CFD office. He presented as "anxious," stating that he was looking forward to seeing his EEG Map and what this information would tell him. This writer engaged Todd in some psychoeducation around the neurofeedback EEG reading that this writer was doing with Todd, explaining that it could not be used to diagnose or to "prove some specific past traumatic injury." This writer completed the EEG mapping and went over the findings with him in session, and agreed to provide him with a copy. He related that he was not sure if he wanted to continue with the biofeedback training at this time, and would let this writer know later.

Signatures**Signature #1:** Tracy Wise (LPC, MA) - 9/19/2013 8:49 AM**Signature History**

Action	Date	Staff
Document Signed	9/19/2013	Tracy Wise (LPC, MA)

Session Information

Client:	Giffen, Todd (885246) 3/13/1985
Staff:	Haun, Cheryl (15)
Service Date/Time:	9/19/2013 3:06 PM - 4:00 PM
Client Program:	MH Adult Outpatient (ADULT)
Activity:	Individual Session (Indiv)
Organization:	CFD North
Service Location:	11 - Office

Goal(s) Addressed**Service Plan - MH**

	Problem	Trauma
<input checked="" type="checkbox"/>	Goal	Decrease his depression, isolation and physical pain.
<input checked="" type="checkbox"/>	Objective	Increase self esteem from 6 SUDS (10 being the highest) to 9 SUDS.
<input checked="" type="checkbox"/>	Goal	Reduce the negative impact that the traumatic event has had on many aspects of life.
<input checked="" type="checkbox"/>	Objective	Decrease intrusive, distressing thoughts or images that recall the traumatic event from much of the day daily to 3 times per week.

Goal(s) Addressed: | 1-2

Notes

Progress made toward goals:	1) Self esteem went down-did more research on whole body vibration treatment, he visited with his family 2) He had a second neuro feedback session.
Identify those present, interventions, and significant events/changes in individual's life:	(Mental status, recovery status, and response to specific services and supports) Individual present. He saw a new pcp last week and states that she was going to refer him to a nuerologist but later sent him a letter dismissing him from her practice. Discd the findings from nuero feedback session showing brain damage. Completed ROI for Dr. Strgar and discd what other requests for information might be helpful for this therapist, including White Bird, the State hospital and PeaceHealth. He shared a bit of his story after 2010 and the altercation with the Springfield police at his grandfather's home.

Signatures

Signature #1: | Cheryl Haun (MA) - 9/19/2013 4:01 PM

Signature History

Action	Date	Staff
Document Signed	9/19/2013	Cheryl Haun (MA)